

## Addiction Resources from the National Library of Medicine and Connected Sites

(as of 8.2.17. This document is a work in progress)

The Centers for Disease Control and Prevention have declared [opioid abuse an epidemic](#), calling it a serious public health issue. Two states, [Florida](#) and [Maryland](#), have recently declared states of emergency in response to the opioid crisis.

*NIH MedlinePlus* magazine has an overview to help readers [understand the opioid overdose epidemic](#), and the statistics are staggering: an estimated 1.9 million people in the US have a prescription opioid use disorder, while another 586,000 have a heroin use disorder. In 2014 alone, more than 28,000 people died from an opioid overdose.

The Department of Health & Human Services (HHS) has collected [resources about the opioid epidemic](#), including resources for health professionals and law enforcement.

### **New NLM Opiate Addiction and Treatment Portal**

The National Library of Medicine's [Division of Specialized Information Services](#) (SIS) has released a new portal for [Opiate Addiction and Treatment](#). Here is the actual link

This portal includes links to reliable, vetted information covering a number of aspects related to the opioid crisis including Understanding Addiction, Overdose, Treatments, Pregnancy, and more.

Here is the link spelled out

<https://www.sis.nlm.nih.gov/enviro/addiction.html>

Issues that face first responders and first receivers include appropriate personal protective equipment (PPE), treatment for overdoses, and coping with stress. The National Library of Medicine provides access to resources for responders, health professionals, and the general public:

- **For first responders and healthcare professionals:** Find links to detailed drug information about [opioids on Drug Information Portal](#), and information about [Naloxone](#). Also check the Chemical Hazards Emergency Medical Management (CHEMM) database for important information about [Naloxone](#) for first responders. NLM just added an [Opioids](#) record to TOXNET ChemIDplus, a dictionary of chemicals that includes names, synonyms and structures.
- **For the general public:** Learn about [opioid abuse and addiction](#), [prescription drug abuse](#), and [heroin](#), including prevention, diagnosis, and treatment options. Learn more about [Naloxone injection](#), an emergency medical treatment to reverse the effects of opiate overdoses. Family and friends can be negatively affected by a loved one's opioid use disorder—find resources for coping with traumatic events on the NLM Disaster Health information guide to [Coping With Disasters](#).
- **Multiple languages:** Information about opioid abuse and addiction is [available in Spanish from MedlinePlus](#). HealthReach provides a handout in nine languages called [What is Addiction?](#) Text and video versions of [Safe, Smart and Healthy - Keys to Success in Your New Home: Substance Use and Abuse](#) are available in 16 languages.
- Read about one **Library's response** to an [opioid overdose in their library](#). (The *American Libraries* update links to an article on the *Colorado Public Radio News* page.)

### Disaster Lit® database

Guidelines for [preventing occupational exposure to fentanyl](#) and [treatment of PTSD with co-occurring opioid use disorder](#), as well as several other [opioid-related resources](#).

### Drug and Addiction Information and Tools for Consumers and Healthcare Providers

#### **SAMHSA Opioid Overdose Prevention Toolkit**

This toolkit offers strategies to health care providers, communities, and local governments for developing practices and policies to help prevent opioid-related overdoses and deaths. Access reports for community members, prescribers, patients and families, and those recovering from opioid overdose.

<https://store.samhsa.gov/product/SAMHSA-Opioid-Overdose-Prevention-Toolkit/SMA16-4742>

Price: **FREE** ([shipping charges may apply](#))

### **MedlinePlus.gov**

Contains links to the following Current News, Diagnosis and Tests, Prevention and Risk Factors, Treatments and Therapies, Clinical Trials, Journal Articles, Find an Expert, Statistics and Research, NIH MedlinePlus Magazine

<https://medlineplus.gov/opioidabuseandaddiction.html>

MedlinePlus links to health information from the National Institutes of Health and other federal government agencies. MedlinePlus also links to health information from non-government Web sites. See MedlinePlus.gov disclaimer and quality guidelines

<https://medlineplus.gov/criteria.html>

### **National Library of Medicine Drug Information Portal**

Enables user to search for information by audience and by class of drug [https://druginfo.nlm.nih.gov/drugportal/jsp/drugportal/drugResourcesByCategory.jsp?APPLICATION\\_NAME=drugportal](https://druginfo.nlm.nih.gov/drugportal/jsp/drugportal/drugResourcesByCategory.jsp?APPLICATION_NAME=drugportal)

### **National Library of Medicine Toxicology Data Network**

Website contains **95092** drug listings as submitted to the **Food and Drug Administration (FDA)**.

At the present time, this Web site does not contain a complete listing of labels for approved prescription drugs.

<https://dailymed.nlm.nih.gov/dailymed/>

### **Pillbox**

Handy tool for identifying a pill that is found.

<https://pillbox.nlm.nih.gov/pillimage/search.php>

### **National Institute on Drug Abuse**

Easy to read drug facts, for example, types of drugs people use, what is addiction, effects of drugs, recovery and treatment, how to prevent drug use. Videos are available and site available in Spanish.

<https://easyread.drugabuse.gov/>

Basic information for patients and providers about opioids, data, CDC Guidelines for prescribing Opioids for chronic pain

<https://www.cdc.gov/drugoverdose/prescribing/resources.html>

Opioids: The Prescription Drug & Heroin Overdose Epidemic

<https://www.hhs.gov/opioids/>

Substance Abuse and Mental Health Services Administration (SAMSA)

<https://www.samhsa.gov/>

Gallery of Mobile apps, for example, AIDs Info Drug, TOXNET

<https://www.nlm.nih.gov/mobile/>

### Addiction Information Geared Toward Teens

- This is the official website of Above the Influence. This site and many of the Above the Influence ads that you see were originally created as a part of the National Youth Anti-Drug Media Campaign, a program of the Office of National Drug Control Policy. Above the Influence has since transitioned away from federal oversight (as of March 2014), and is now a program of the non-profit [Partnership for Drug-Free Kids](#). The campaign was, and continues to be inspired by what teens have told us about their lives, and how they deal with the influences that shape their decisions.

<http://abovetheinfluence.com/about/>

- Created by National Institute on Alcohol Abuse and Alcoholism. A young teens place for information alcohol and resisting peer pressure.

<https://www.thecoolspot.gov/>

- Exhibition from The National Library of Medicine that explores the history of intoxicating pleasures and medical prescriptions  
<https://www.nlm.nih.gov/exhibition/pickyourpoison/>
- National Institute on Drug Abuse, Principals of Drug Addiction Treatment - Resource for where family members can go for information on treatment options  
<https://www.drugabuse.gov/publications/principles-drug-addiction-treatment-research-based-guide-third-edition/frequently-asked-questions/where-can-family-members-go-information>

### **Presentations Appropriate for Teens and Adults**

- National Institute on Drug Abuse Presentation, The Science of Addiction  
[https://d14rmgtrwzf5a.cloudfront.net/sites/default/files/soa\\_2014.pdf](https://d14rmgtrwzf5a.cloudfront.net/sites/default/files/soa_2014.pdf)
- National Institute on Drug Abuse (NIDA) Leading the Search for Scientific Solutions,  
<https://www.drugabuse.gov/publications/drugs-brains-behavior-science-addiction/advancing-addiction-science-practical-solutions>

### **Presentations and Information for Educators**

- National Institute on Drug Abuse Guide to Preventing Substance Abuse to be used by Early Childhood Educators  
[https://d14rmgtrwzf5a.cloudfront.net/sites/default/files/early\\_childhood\\_prevention\\_march\\_2016.pdf](https://d14rmgtrwzf5a.cloudfront.net/sites/default/files/early_childhood_prevention_march_2016.pdf)
- National Institute on Drug Abuse, Why is Adolescence a Critical Time for Preventing Drug Addiction?  
<https://www.drugabuse.gov/publications/drugs-brains-behavior-science-addiction/preventing-drug-abuse-best-strategy>



- National Institute on Drug Abuse Infographic about Abuse of Prescription Pain Medications and Use of Heroin Risks

[https://www.drugabuse.gov/sites/default/files/infographic\\_presc\\_heroin.pdf](https://www.drugabuse.gov/sites/default/files/infographic_presc_heroin.pdf)

- National Institute on Drug Abuse, What Can Be Done for a Heroin Overdose?

<https://www.drugabuse.gov/publications/research-reports/heroin/what-can-be-done-for-heroin-overdose>