

**Substance Use Disorder (SUD) Resources**  
**from the National Library of Medicine and Other Organizations**  
(Updated 6.21.19)

**Recording Links to Webinars Related to Substance Use Disorder**

- Misperceptions and the Misused Language of Addiction: Words Matter - <https://escholarship.umassmed.edu/ner/48/>
- Connecting Resources to a Community in Need - <https://escholarship.umassmed.edu/ner/50/>
- Treating Opioid Disorder and Co-occurring Disorders - <https://escholarship.umassmed.edu/ner/51/>
- Individualized Treatment and Non-Pharmacologic Components of Recovery - <https://escholarship.umassmed.edu/ner/53/>
- Using Data to Guide and Evaluate Responses to the Opioid Crisis - <https://escholarship.umassmed.edu/ner/54/>
- Addressing Sexual Commercial Exploitation - <https://escholarship.umassmed.edu/ner/55/>
- EMPOWER: A Community-based Approach to Improve Care for Women & Newborns Affected by Perinatal SUD - <https://escholarship.umassmed.edu/ner/56/>
- Just Talk About It: Using Mental Health Education to Prevent and Treat SUD - <https://escholarship.umassmed.edu/ner/57/>
- How to Save a Life – Naloxone 101 - <https://escholarship.umassmed.edu/ner/58/>
- Using Recovery Coaches in SUD Treatment - <https://escholarship.umassmed.edu/ner/60/>
- Drug Courts: A Bridge to Recovery - <https://escholarship.umassmed.edu/ner/62/>

**Upcoming webinar 6/26/19 1-2PM. How the Trauma-Informed Approach Can Help Treat Substance Use Disorders**

Register here: <https://nnlm.gov/class/how-trauma-informed-approach-can-help-treat-substance-use-disorder/12819>

**NLM Resources**

- [Environmental Health & Toxicology: Opioids and Substance Use-](https://envirotoxinfo.nlm.nih.gov/opiate-addiction-and-human-health.html)  
<https://envirotoxinfo.nlm.nih.gov/opiate-addiction-and-human-health.html>
- [NNLM-](https://nnlm.gov/gmr/guides/health-resources-public-libraries/opioid-resources) <https://nnlm.gov/gmr/guides/health-resources-public-libraries/opioid-resources>

**MedlinePlus Opioid Abuse and Addiction** <https://medlineplus.gov/opioidabuseandaddiction.html>

- In Spanish *Abuso y adicción de opiáceos* <https://medlineplus.gov/spanish/opioidabuseandaddiction.html>
- [Drug Information Portal-](https://druginfo.nlm.nih.gov/drugportal/) <https://druginfo.nlm.nih.gov/drugportal/>
- [Pillbox-](https://pillbox.nlm.nih.gov/index.html) <https://pillbox.nlm.nih.gov/index.html>

**Drug Info**

- [FDA-](https://www.fda.gov/Drugs/DrugSafety/InformationbyDrugClass/ucm337066.htm) <https://www.fda.gov/Drugs/DrugSafety/InformationbyDrugClass/ucm337066.htm>
- [CDC-](https://www.cdc.gov/drugoverdose/prescribing/patients.html) <https://www.cdc.gov/drugoverdose/prescribing/patients.html>
- [Get Smart about Drugs-](https://www.getsmartaboutdrugs.gov/drugs) <https://www.getsmartaboutdrugs.gov/drugs>
- [NIDA](https://www.drugabuse.gov/) (National Institute on Drug Abuse)- <https://www.drugabuse.gov/>
- [Get Naloxone Now-](http://www.getnaloxonenow.org/) <http://www.getnaloxonenow.org/>
- [SAMHSA](https://www.samhsa.gov/) (The Substance Abuse and Mental Health Services Administration)- <https://www.samhsa.gov/>
- [FDA Women's Health](#) Download and Order Two Newest Consumer Publications: [Women and Pain Medicines](#) and [Caring for Other's Resources to Help You](#)

**Statistics**

- [CDC-](https://www.cdc.gov/drugoverdose/epidemic/index.html) <https://www.cdc.gov/drugoverdose/epidemic/index.html>
- [Data Overview: Overview of an Epidemic](#)
- [NIDA-](https://www.drugabuse.gov/drugs-abuse/opioids/opioid-summaries-by-state) Opioid Summaries by State- <https://www.drugabuse.gov/drugs-abuse/opioids/opioid-summaries-by-state>
- [The Appalachian Overdose Mapping Tool-](https://overdosemappingtool.norc.org/) <https://overdosemappingtool.norc.org/>

## Guides/Tools

- FDA- [What to Ask Your Doctor Before Taking Opioids](https://www.fda.gov/ForConsumers/ConsumerUpdates/ucm529517.htm) (also in Spanish)  
<https://www.fda.gov/ForConsumers/ConsumerUpdates/ucm529517.htm>
- Overdose Prevention Toolkit SAMHSA – Opioid Use Disorder Facts, 5 Essential Steps for First Responders, Information for Prescribers, Safety Advice for Patients & Family Members, Recovering from Opioid Overdose  
<https://store.samhsa.gov/system/files/sma18-4742.pdf>
- [SAMHSA Get Connected Toolkit](https://store.samhsa.gov/product/Linking-Older-Adults-With-Medication-Alcohol-and-Mental-Health-Resources/sma03-3824): Linking Older Adults with Medication, Alcohol, and Mental Health Resources (2017)  
<https://store.samhsa.gov/product/Linking-Older-Adults-With-Medication-Alcohol-and-Mental-Health-Resources/sma03-3824>
- [AHRQ Academy- Opioids & Substance Abuse](https://integrationacademy.ahrq.gov/about/opioids-substance-use)-  
<https://integrationacademy.ahrq.gov/about/opioids-substance-use>
- CDC- [Commonly Used Opioid Terms](#)
- NIDAMED: Medical and Health Professionals- [Access to CME/CE courses](https://www.drugabuse.gov/nidamed-medical-health-professionals/cmece-activities#adolescent) on topics related to opioid and substance use disorders and addiction. <https://www.drugabuse.gov/nidamed-medical-health-professionals/cmece-activities#adolescent>  
Clinician tool for screening for substance abuse <https://www.drugabuse.gov/nidamed-medical-health-professionals/science-to-medicine/screening-substance-use>
- **Opioid Resources from the CDC** [https://www.cdc.gov/drugoverdose/states/state\\_prevention.html](https://www.cdc.gov/drugoverdose/states/state_prevention.html)

**SUD Health Resources for Public Libraries** - <https://nnlm.gov/gmr/guides/health-resources-public-libraries/opioid-resources>

**Disaster Lit®** search of [opioid guidelines, reports, factsheets, etc.](#), including:

- Fentanyl Safety Recommendations for First Responders <https://disasterlit.nlm.nih.gov/record/16121>
- How HIPAA Allows Doctors to Respond to the Opioid Crisis <https://disasterlit.nlm.nih.gov/record/16093>
- Preventing Opioid Misuse in the States and Territories: A Public Health Framework for Cross-Sector Leadership  
<https://disasterlit.nlm.nih.gov/record/15995>

**National Institute of Drug Abuse (NIDA)** – Opioid drug facts, opioid summaries by state, NIDA-funded opioid research, NIDA opioid policy briefs, the NIH HEAL initiative (Helping to End Drug Addiction Long-term), NIDA opioids Research reports, videos and more. <https://www.drugabuse.gov/drugs-abuse/opioids>

## PHPartners Information Access for the Public Health Workforce

<https://phpartners.org/>

PHP Partners aggregates public health news, some of it involving substance use disorder from a public health point of view, <http://www.pewtrusts.org/en/multimedia/audio/2017/treating-the-opioid-epidemic>.

## Trauma Informed Care SAMHSA

- Trauma-informed Care in Behavioral Health Services Tip 57  
[https://www.samhsa.gov/samhsaNewsLetter/Volume\\_22\\_Number\\_2/trauma\\_tip/](https://www.samhsa.gov/samhsaNewsLetter/Volume_22_Number_2/trauma_tip/)
- [Guiding Principles of Trauma-Informed Care](#)
- [Key Terms: Definitions](#)
- [Trauma TIP](#)
- [Trauma & Justice Strategic Initiative](#)
- [SAMHSA's Definition of Trauma and Trauma-Informed Care](#)
- [Helping Victims of Childhood Trauma Heal and Recover](#)
- [Millions of Americans are Affected by Post-Traumatic Stress Disorder](#)
- [Building Resilience in Young Children Dealing with Trauma](#)
- [Adverse Childhood Experiences: Risk Factors for Substance Abuse and Mental Health](#)

### **Trauma Informed Care in the Library**

[http://www.ala.org/pla/sites/ala.org.pla/files/content/tools/Public-Library-Social-Work\\_Overview-of-Trauma-Informed-Care\\_FINAL.pdf](http://www.ala.org/pla/sites/ala.org.pla/files/content/tools/Public-Library-Social-Work_Overview-of-Trauma-Informed-Care_FINAL.pdf)

### **Trauma Informed Care in the Classroom**

<https://traumaawareschools.org/>

### **Trauma Informed Care in the Office or Workplace**

<http://bit.ly/2Lhrh1L>

### **Partnership for Drug-Free Kids**

- <https://drugfree.org/>
- Heroin, Fentanyl & Other Opioids – A Comprehensive Resource for Families with a Teen or Young Adult Struggling with Opioid Use - <https://bit.ly/2vb6Onm>

### **Opioid Epidemic Resource Guides – Association of Academic Health Sciences Libraries (AAHSL)**

Library- created, web-based resource guides that are information portals. Guides feature policies and guidelines for prescribing opioids and managing pain, federal and state government reports on opioid abuse, opioid drug information, patient information, research, continuing education, useful apps, and resources from the National Library of Medicine.

- Rutgers University - <https://libguides.rutgers.edu/opioids>
- University of North Carolina at Chapel Hill - <http://guides.lib.unc.edu/opioidaddiction>
- University of Pittsburgh - [http://hsls.libguides.com/opioid\\_abuse\\_resources](http://hsls.libguides.com/opioid_abuse_resources)

### **Rural Health Information Hub -**<https://www.ruralhealthinfo.org/topics/opioids>

### **Opioid Epidemic Practical Toolkit: Helping Faith and Community Leaders**

<https://www.hhs.gov/about/agencies/iea/partnerships/opioid-toolkit/index.html>

### **Managing Pain, Moving Beyond Opioids**

<https://newsinhealth.nih.gov/sites/nihNIH/files/2018/October/NIHNIHOct2018.pdf>

### **Presentations and Information for Educators**

- National Institute on Drug Abuse Guide to Preventing Substance Abuse to be used by Early Childhood Educators [https://d14rmgtrwzf5a.cloudfront.net/sites/default/files/early\\_childhood\\_prevention\\_march\\_2016.pdf](https://d14rmgtrwzf5a.cloudfront.net/sites/default/files/early_childhood_prevention_march_2016.pdf)
- National Institute on Drug Abuse, Why is Adolescence a Critical Time for Preventing Drug Addiction? <https://www.drugabuse.gov/publications/drugs-brains-behavior-science-addiction/preventing-drug-abuse-best-strategy>

### Addiction Information Geared Toward Teens

- MedlinePlus for Teens - <https://medlineplus.gov/teenhealth.html>
- Official website of Above the Influence. This site and many of the Above the Influence ads that you see were originally created as a part of the National Youth Anti-Drug Media Campaign, a program of the Office of National Drug Control Policy. Above the Influence has since transitioned away from federal oversight (as of March 2014), and is now a program of the non-profit [Partnership for Drug-Free Kids](#).
- The campaign was and continues to be inspired by what teens have told us about their lives, and how they deal with the influences that shape their decisions. <http://abovetheinfluence.com/about/>
- Created by National Institute on Alcohol Abuse and Alcoholism. A young teens place for information alcohol and resisting peer pressure. <https://www.thecoolspot.gov/>
- Exhibition from The National Library of Medicine that explores the history of intoxicating pleasures and medical prescriptions <https://www.nlm.nih.gov/exhibition/pickyourpoison/>
- National Institute on Drug Abuse, Principals of Drug Addiction Treatment – Resource for where family members can go for information on treatment options  
<https://www.drugabuse.gov/publications/principles-drug-addiction-treatment-research-based-guide-third-edition/frequently-asked-questions/where-can-family-members-go-information>

### Presentations for Teens and Adults

- Video: Addiction and the Brain for Kids – explains the brain science of addiction (4 minutes), comes with fact sheet <http://bit.ly/2XBaKY5>
- National Institute on Drug Abuse Presentation, The Science of Addiction [https://d14rmgtrwzf5a.cloudfront.net/sites/default/files/soa\\_2014.pdf](https://d14rmgtrwzf5a.cloudfront.net/sites/default/files/soa_2014.pdf)
- National Institute on Drug Abuse (NIDA) Leading the Search for Scientific Solutions, <http://bit.ly/2SFu1FN>

### Teen Resources

- [NIDA for Teens](#)
- [NIDA for Teachers](#)
- [NIDA for Parents](#)
- [Drugs + Your Body Interactive](#)
- [Drugs + Your Body Lesson Plan Description](#)
- [NIDA for Teens: Drug Facts](#)
- [National Drug & Alcohol IQ Challenge](#)- Jeopardy Game Template-
- [CSI: Forensic Web](#) Adventures and [Educators Guide](#)
- [National Drug and Alcohol Facts Week®](#)
  - [NDAFW Info Sheet](#) (PDF)
- [To order NIDA drug publications](https://drugpubs.drugabuse.gov/audience/students)- <https://drugpubs.drugabuse.gov/audience/students>

### True Impacts of Opioids for Home and Classroom - Operation Prevention

The DEA and Discovery Education have joined forces to combat a growing epidemic of prescription opioid misuse and heroin use nationwide. Operation Prevention's mission is to educate students about the true impacts of opioids and kick-start lifesaving conversations in the home and classroom.

<https://www.operationprevention.com/>



## Vaping

- **Resources for Parents** - <https://drugfree.org/newsroom/news-item/partnership-for-drug-free-kids-launches-vaping-resources-for-parents/>

## Miscellaneous Resources

- [Engage for Health: A Health Program in a Box](https://nmlm.gov/mar/guides/programming-class/engageforhealth) focuses on teaching participants strategies for improving communication with their health care providers and researching health issues using quality online health resources.
- [5 Reasons to Read the Surgeon General's Opioid Epidemic Report](https://wire.ama-assn.org/delivering-care/5-reasons-read-surgeon-general-s-opioid-epidemic-report), AMA Wire, Sept. 27, 2018;