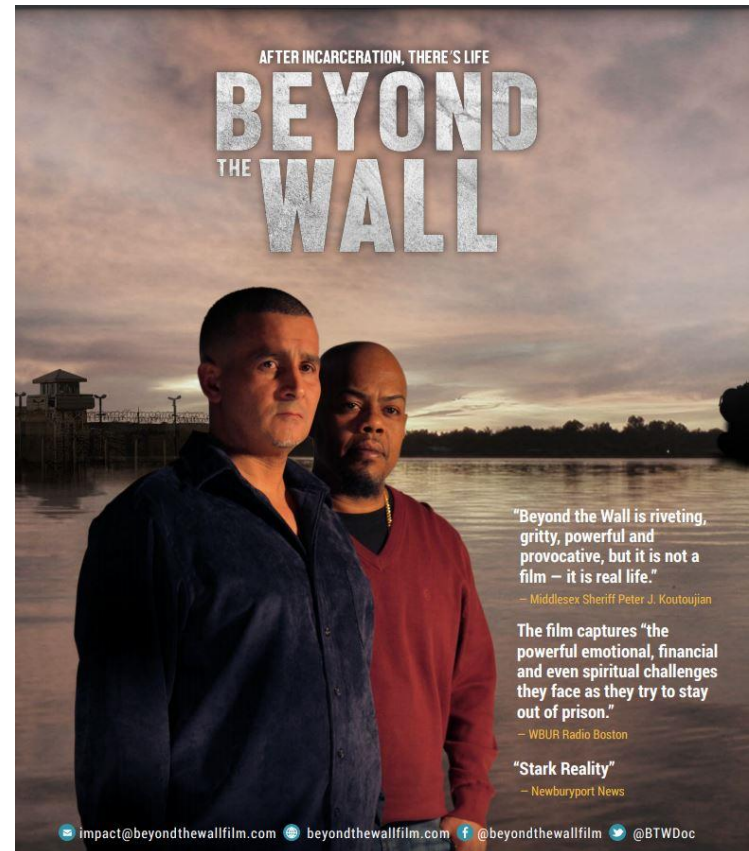


Welcome to the Webinar Struggles and Strategies for Survival Beyond the Walls of Jail



*This Webinar is being recorded.
To view the captions for this event
click on the URL in the chat box.*

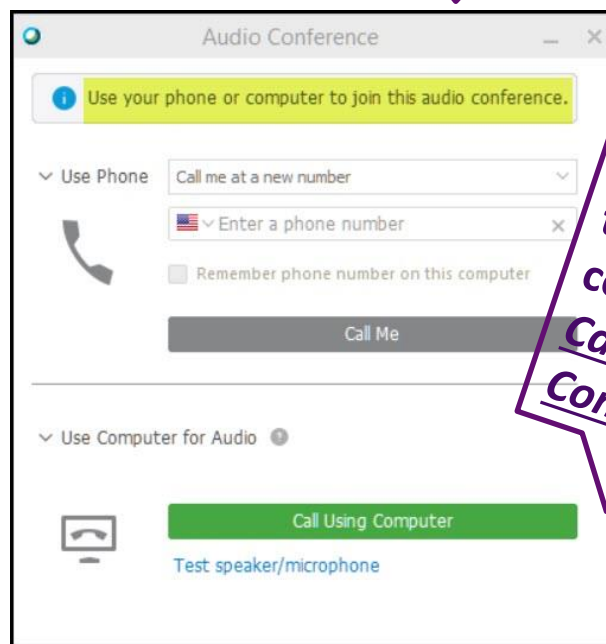
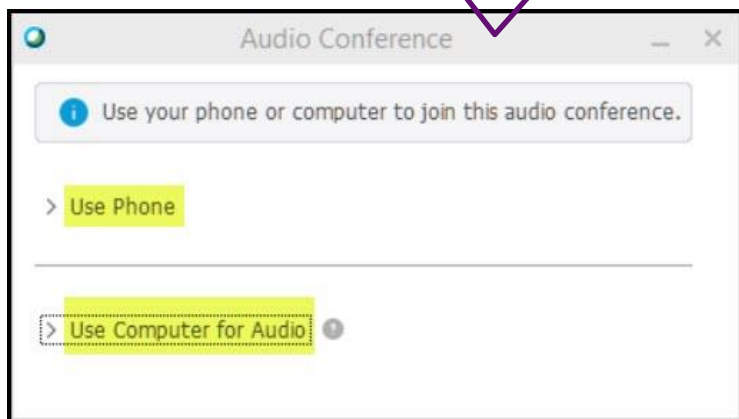


How To Connect to the Audio

1) Your audio box may look like this when you enter the WebEx session.

2) To connect to webinar audio you must either use your phone or your computer

3) To connect by phone, enter your phone number and the system will call you.



4) To connect through your computer click Call Using Computer.

About Today's Webinar

- **Closed captioning is available, click on the Captioning link in the Chat box**
- **This webinar is being recorded.** You will receive an email with a link to the webinar recording and presentation materials in about a week.
- You will have an opportunity to ask questions during the last 10 minutes of the webinar.
- Medical librarians can receive 1 CE credit for attending this webinar. Completing an evaluation at the end of this webinar is required to receive CE credit. The webinar evaluation will appear automatically after you leave the Webex session.
Use the enrollment code Stru2021 to receive CEs.
- Your feedback matters! Even if you are not receiving CE credit, please complete the evaluation.

Your Webinar Host



Susan Halpin, M.Ed.

susan.halpin@umassmed.edu

**NNLM NER, Education & Outreach Coordinator
University of Massachusetts Medical School
Worcester, Massachusetts**

Who is Joining Us Today?

Use the Chat Box
(“chat” to “all participants”)

Name?

Where are you located?

Have you watched “Beyond the Wall”?

What do you hope to learn today?



About National Library of Medicine (NLM)

<https://www.nlm.nih.gov/>



Physical library is Bethesda, MD part of the NIH campus.

Largest biomedical library in the world

One of the federal government's largest providers of digital content

The library is open to everyone

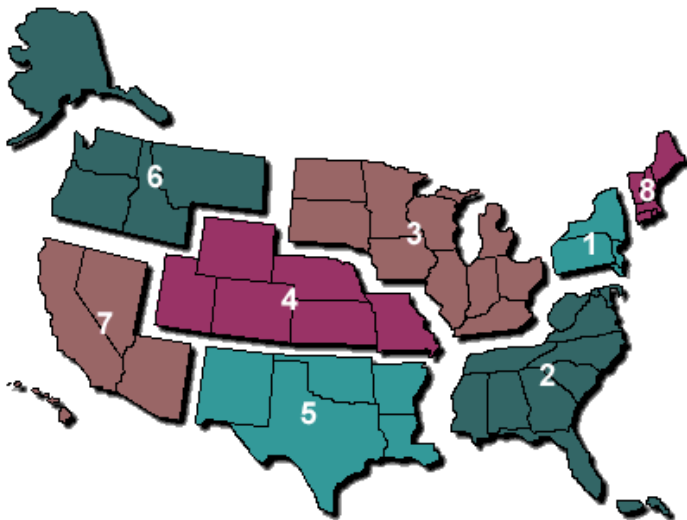
NLM's mission

Advance the progress of medicine and improve public health by making biomedical information accessible to everyone.

NLM Outreach Program

NLM Carries Out its Mission
Through the National Network of Libraries of Medicine (NNLM)

<https://nnlm.gov/>



- Nationwide network of health sciences libraries, public libraries & information centers
- Each region has a partnership with a regional medical library
- Outreach provided through
 - Free access to online health & medical resources
 - Free Training & Professional Development
 - Grant funding opportunities for your community

77,000 people received training from NNLM last year!

NLM Online Resources for Substance Use Disorder

U.S. National Library of Medicine

MedlinePlus
Trusted Health Information for You

Search MedlinePlus

About MedlinePlus Site Map FAQs Customer Support

Health Topics Drugs & Supplements Videos & Tools

Home → Health Topics → Opioid Abuse and Addiction Treatment

Opioid Abuse and Addiction Treatment

On this page

Basics <ul style="list-style-type: none"> Summary Start Here 	Learn More <ul style="list-style-type: none"> Related Issues Specifics Genetics 	See, Play and Learn <ul style="list-style-type: none"> Videos and Tutorials
Research <ul style="list-style-type: none"> Clinical Trials Journal Articles 	Resources <ul style="list-style-type: none"> Reference Desk Find an Expert 	For You <ul style="list-style-type: none"> Patient Handouts

Summary

What are opioids?

Opioids, sometimes called narcotics, are a type of drug. They include strong prescription pain relievers, such as oxycodone, hydrocodone, fentanyl, and tramadol. The illegal drug heroin is also an opioid.

A health care provider may give you a prescription opioid to reduce pain after you have had a major injury or surgery. You may get them if you have severe pain from health conditions like cancer. Some health care providers prescribe them for chronic pain.

Prescription opioids used for pain relief are generally safe when taken for a short time and as prescribed by your health care provider. However, opioid abuse and addiction are still potential risks.

What are opioid abuse and addiction?

Opioid abuse means you are not taking the medicines according to your provider's instructions, you are using them to get high, or you are taking someone else's opioids. Addiction is a chronic brain disease. It causes you to compulsively seek out drugs even though they cause you harm.

What are the treatments for opioid abuse and addiction?

Treatments for opioid abuse and addiction include

- Medicines
- Counseling and behavioral therapies
- Medication-assisted therapy (MAT), which includes medicines, counseling, and behavioral therapies. This offers a "whole patient" approach to treatment, which can increase your chance of a successful recovery.

Stay Connected

Sign up for the My MedlinePlus newsletter

Enter email address

Related Health Topics

- Opioid Abuse and Addiction
- Opioid Overdose
- Prescription Drug Abuse

National Institutes of Health

The primary NIH organization for research on *Opioid Abuse and Addiction Treatment* is the National Institute on Drug Abuse

Environmental Health & Toxicology

Environmental Health, Toxicology & Chemical Information

U.S. National Library of Medicine

Home Search TOXNET/Tox Subset Selected Topics Guides, Tutorials, Workbooks Help Search Our Resources Additional Resources Mobile Apps

Home > Selected Topics > Opioid Addiction and Treatment: Health Information Resources

Updates Follow Email This Page

Opioid Addiction and Treatment

Health Information Resources

Understanding Addiction

Opioid Overdose

Opioid Drugs

Treating Opioid Addiction

Opioid Prescribing

Pregnancy, Opioid Use, and Neonatal Abstinence Syndrome

Recovery

Data, Trends, & Statistics

Topic-related Searches of National Library of Medicine Resources

Selection Guidelines

Disclaimer

Topics of Interest

About Us

Database Descriptions

Choose the Right Environmental Health and Toxicology Resource

Search TOXNET® Databases

Email Updates, News, and Social Media

TOXNET Manual

NINLM class schedule

A to Z Index of Resources

A B C D E F

G H I J K L

M N O P Q R

S T U V W X

Y Z

Understanding Addiction

- Definition of Addiction
- American Society of Addiction Medicine (ASAM)
- Drugs, Brains, and Behavior: The Science of Addiction
- The National Institute on Drug Abuse (NIDA), National Institutes of Health (NIH)
- East to Read Drug Facts
- The National Institute on Drug Abuse (NIDA), National Institutes of Health (NIH)
- Facing Addiction in America: The Surgeon General's Report on Alcohol, Drugs, and Health (2016)
- Office of the Surgeon General of the United States (OSG)
- Office of National Drug Control Policy - President's Commission

<https://envirotoxinfo.nlm.nih.gov/opiate-addiction-and-human-health.html>

<https://medlineplus.gov/opioidabuseandaddictiontreatment.html>

Looking for Programming Tools Related to Health and Wellness?

Consider borrowing one of our Graphic Medicine Book Club Kits featuring *Sobriety: A Graphic Novel*!

Graphic Medicine Book Club Kit

NIH NLM NNLM nnlm.gov/ner/kits

Graphic medicine is the combination of comics and healthcare. Comics help with understanding illness and health.

These kits are available to any organization in New England for free.

How kits work

1. Pick a health comic

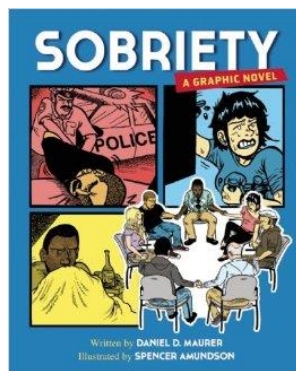

2. You receive a kit in the mail

3. Read and learn together!

Kits include:

- 6 Graphic Novels
- Discussion guides with questions
- Valuable NLM resources on the selected topic

Addiction • AIDS • Aging • Cancer • Epilepsy • Grief • LGBTQ • Mental Health • OCD • Veterans



From the publisher...

"Through rich illustration and narrative, *Sobriety: A Graphic Novel* offers an inside look into recovery from the perspectives of five Twelve Step group members, each with a unique set of addictions, philosophies, struggles, and successes while working the Steps."

To Request a Kit: www.nlm.gov/ner/kits

For Questions or Information
Sarah Levin-Lederer at
Sarah.LevinLederer@umassmed.edu

Louie Diaz

Substance Use Disorder Counselor and Re-entry Specialist for
Massachusetts Middlesex County Sheriff's Office



“If you continue doing what you’ve always done, you’ll continue getting what you’ve always gotten,” Diaz says repeatedly in the film. “Start doing something different and you’re gonna get a different result.”

Webinar Objectives



- Learn what “recidivism” is, and why 95% of people return to drugs and alcohol after release from prison and how substance use disorder relates to recidivism.
- Understand the barriers individuals face when returning to the community after incarceration and how those barriers might affect the success of their transition back into society.
- Learn what jails and prisons are doing to prepare individuals for re-entry into the community.

To Watch Beyond the Wall:

<https://worldchannel.org/episode/beyond-wall/>

Substance Use Disorder and Incarceration

In the United States, 11 million people are released from jail each year.

An overwhelming majority have a history of substance abuse.



“No reentry program is going to go under the bridges and into the tent cities of the homeless looking for the guys who come out of jail and fall between the cracks. But if you are not willing to go to their places, they will end up back in jail.”

A Closer Look at SUD and Incarceration

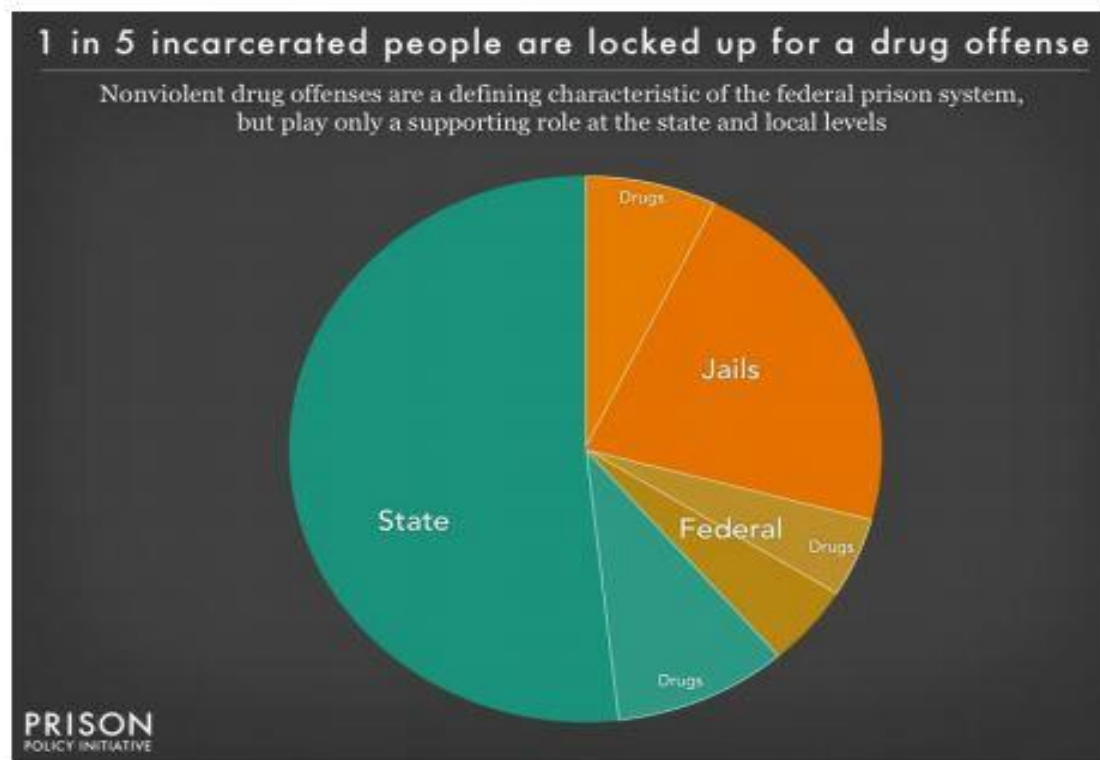
65% of people in prisons and jails have substance abuse history

Source: National Center on Addiction and Substance Abuse

1 in 5 are locked up for drug offenses Source: Prison Policy Initiative

Three quarters of those returning from prison have a history of substance use disorders.

Source: National Reentry Resource Center.



Recidivism

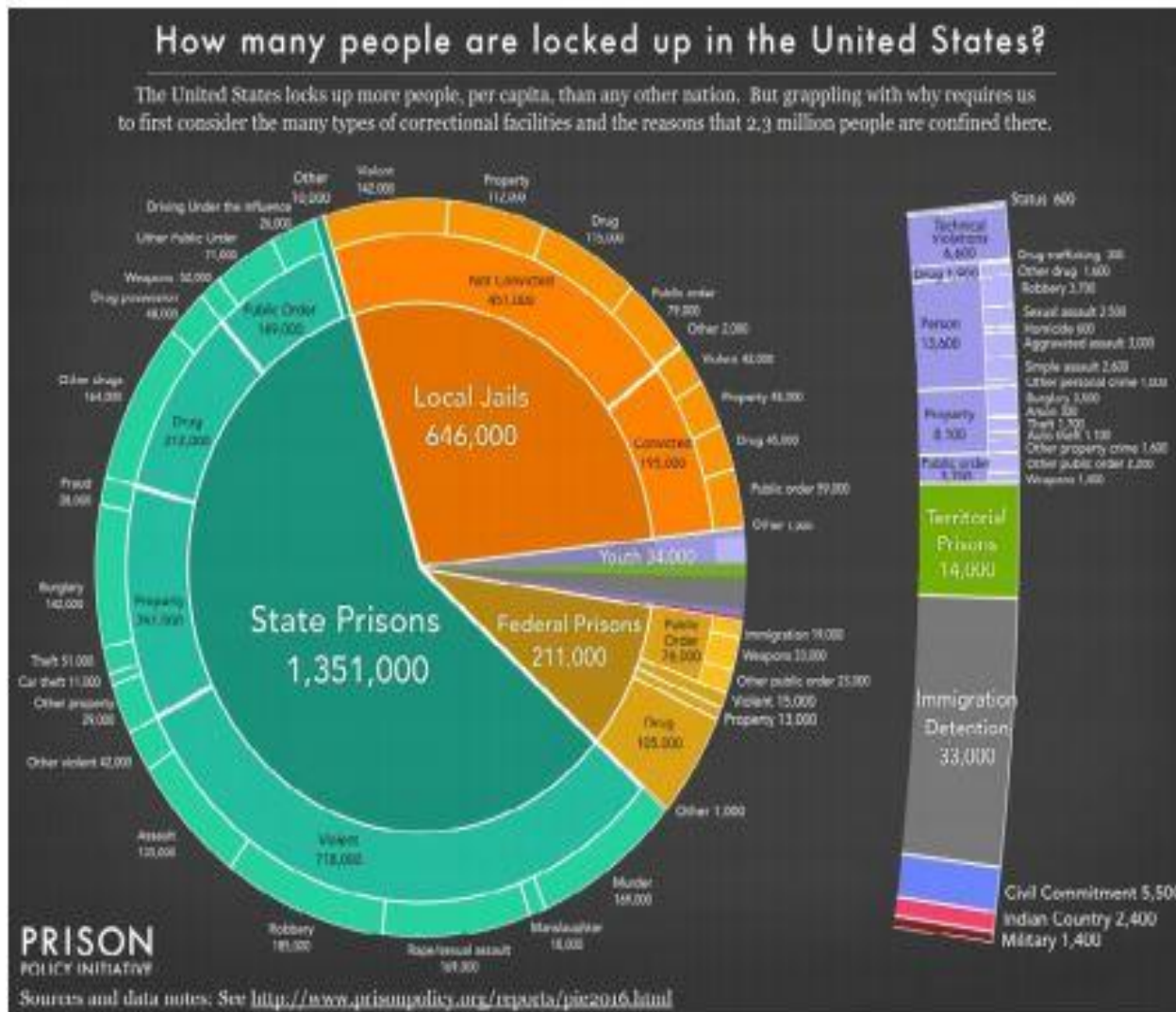
Recidivism refers to a person's relapse into criminal behavior, often after the person receives sanctions or undergoes intervention for a previous crime.

Recidivism is measured by criminal acts that resulted in re-arrest, reconviction or return to prison with or without a new sentence during a 3-year period following the prisoner's release.

Source: National Institute of Justice



Facts About Recidivism in the U.S.



Incarceration in the US
2.3 Million incarcerated daily

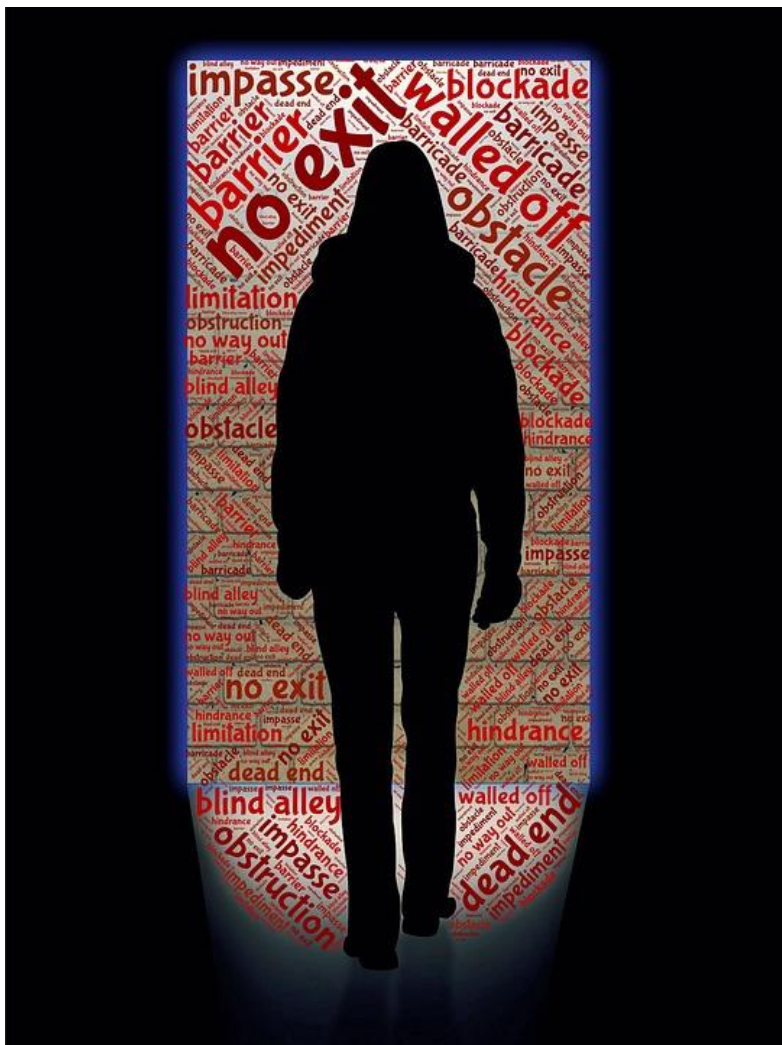
11 Million cycle through local jails each year

Over 700,000 are released from prisons each year
Within 3 years of release, -about 2/3 of released prisoners are rearrested.
***Source Prison Policy Initiative**

-Of those prisoners who were rearrested, more than ½ were arrested by the end of the first year.

***Source National Institute of Justice**

Barriers to Successful Community Re-entry



Untreated Substance Use or Mental Health Disorders

Housing

Identifications

No health insurance

No Job, No License, No Transportation

Dealing with courts, probation, parole, DCF & fines

Dealing with family/friend issues

Needing clothing

Dealing with technology after years of incarceration.

Dealing with Stigma

Breaking Down the Barriers



Address emotional and physical needs

First-hand knowledge of obstacles and struggles

Recognize signs and symptoms of relapse

Connect those in need with community resources

What are Jails Doing to Prepare Inmates for Community Re-entry?

“You go into prison, you get a handbook on how to conduct yourself within that prison system. So here you are 2 years later — 3 years later — you get released. But you don’t get a handbook on how to live life.”

Billy Cabrera



How Can We Support Individuals Reentering the Community?



You can support organizations and initiatives that provide:

In-prison education & vocational training

Substance Use Disorder treatment (residential and outpatient) in prisons and in communities

Transitional housing to give ex-prisoners structured living environments as they reenter.

Financial assistance to help with basic necessities upon release.

Reentry Organizations & Resources in My State?

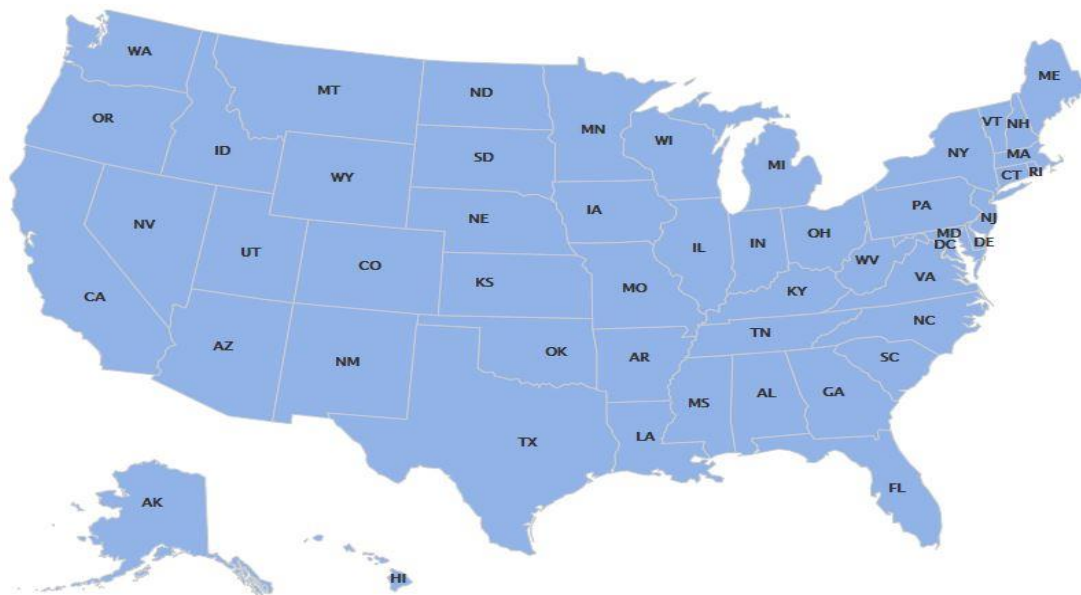
[NRRC Home](#)[Topics](#)[Resources](#)[Second Chance Act Grant Program](#)[In the News](#)

Reentry Services Directory

The Reentry Services Directory was developed by the **National Reentry Resource Center (NRRC)** to help individuals who have been incarcerated and their families find local reentry services. The NRRC has compiled a list of organizations and service providers who can address different reentry needs, including housing, employment, and family reunification.

To view available resources in your area, click on your state below.

To suggest additional resources or update information, please contact the NRRC helpline at info@nationalreentryresourcecenter.org or 1-877-332-1719. Hablamos español.



NNLM NER Grant Recipient



✖ Rectangular Snip

[HOME](#) [CONTACT](#) [JOIN](#) [SUPPORT](#) [ABOUT](#)

Restorative Reentry Community Building Leadership Development

THRIVE Communities is a community-based response to the challenges faced by adults transitioning from incarceration. Designed to empower returning citizens and more deeply engage local community members in experiences of reentry, THRIVE cultivates genuine experiences of community that are inclusive of all men and women - defining people not by their experiential differences, but by the best parts of their character. When justice and wholeness replace cycles of incarceration and oppression, communities THRIVE.

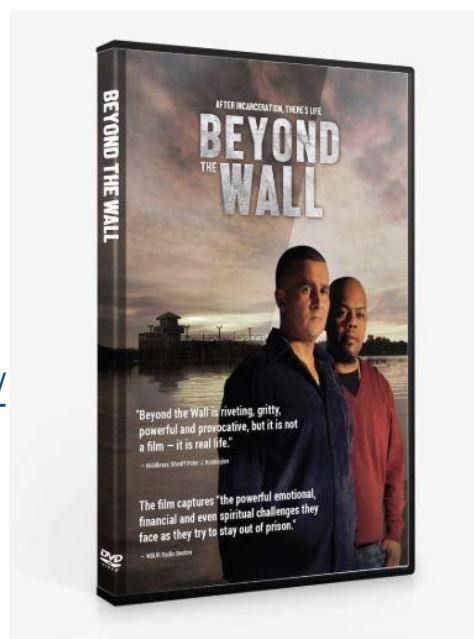
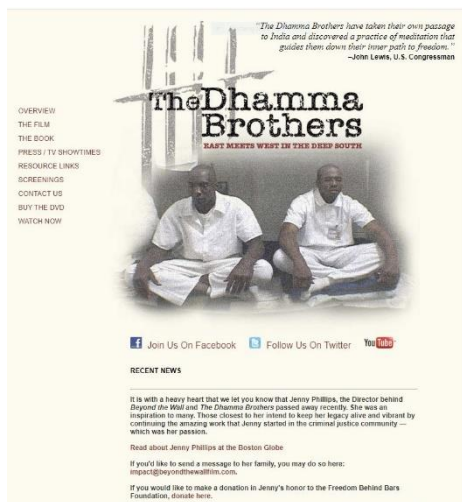
[LEARN MORE](#)



<https://www.thrivema.org/>

New Documentary in the Works

New Project about “Angola” Builds on the previous films about Incarceration and Reentry



<https://beyondthewallfilm.com/>

Angola
Unincorporated community
Louisiana State Penitentiary
The entrance to the Louisiana State Penitentiary has a guard house that controls entry into the compound—the sign says "Louisiana State Penitentiary" and "Burl Cain, Warden"
Nickname(s): "Angola", "Alcatraz of the South", and "The Farm"



Questions for Louie?

PLEASE USE THE CHAT BOX.

Thank you Louie!



For MLA continuing education credit, you must complete a webinar evaluation.

We value your feedback, please help us continue to improve by completing the evaluation.

ldiaz@sdm.state.ma.us

Evaluation Link - <http://bit.ly/3av9Pzj>

enrollment code: Stru2021