**Dataset Codes**

ISF = insulin sensitivity factor

IBG = ideal blood glucose

ICR = insulin to carbohydrate ratio

FBS = fasting blood sugar

Ht = height

Wt = weight

BMI = body mass index

WC = waist circumference

TDD = total daily dose

IFCC = International Federation of Clinical Chemistry

T2D = type 2 diabetes

AN = acanthosis nigricans

SBP = systolic blood pressure

DBP = diastolic blood pressure

R = randomization

Dx = disease