**Dataset Codes**

ISF = insulin sensitivity factor

IBG = ideal blood glucose

ICR = insulin to carbohydrate ratio

FBS = fasting blood sugar

Ht = height

Wt = weight

BMI = body mass index

WC = waist circumference

TDD = total daily dose

IFCC = International Federation of Clinical Chemistry

T2D = type 2 diabetes

AN = acanthosis nigricans

SBP = systolic blood pressure

DBP = diastolic blood pressure

R = randomization

Dx = disease

V0 = baseline visit; V3 = 3-month visit; V6 = 6-month visit; and V9 = 9-month visit

TCHOL = total cholesterol

TG = triglycerides

HDL = high-density lipoprotein

LDL = low-density lipoprotein

ALR = adiponectin/leptin ratio

ln TG/HDL = log of triglycerides/high density lipoprotein