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Struggles and Strategies for Survival Beyond the Walls of Jail

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Substance Use Disorder (SUD) Resources
from the National Library of Medicine and Other Partner Organizations
(Updated 2.18.2020)

ADDICTIONARY - <https://www.recoveryanswers.org/addiction-ary/> - Because substance use disorder carries a stigma, learn about the appropriate vocabulary to use that will not perpetuate that stigma. This resource is from the Recovery Research Institute. The Recovery Research Institute is a leading nonprofit research institute of Massachusetts General Hospital, an affiliate of Harvard Medical School, dedicated to the advancement of addiction treatment and recovery.

Recording Links to NLM-NER Webinars Related to Substance Use Disorder

- Understanding the Opioid Crisis, Where Do I Begin? – <https://nnlm.gov/class/recording/understanding-opioid-crisis-where-do-i-begin/17714>
- Misperceptions and the Misused Language of Addiction: Words Matter - <https://escholarship.umassmed.edu/ner/48/>
- Connecting Resources to a Community in Need - <https://escholarship.umassmed.edu/ner/50/>
- Treating Opioid Disorder and Co-occurring Disorders - <https://escholarship.umassmed.edu/ner/51/>
- Individualized Treatment and Non-Pharmacologic Components of Recovery - <https://escholarship.umassmed.edu/ner/53/>
- Using Data to Guide and Evaluate Responses to the Opioid Crisis - <https://escholarship.umassmed.edu/ner/54/>
- Addressing Sexual Commercial Exploitation - <https://escholarship.umassmed.edu/ner/55/>
- EMPOWER: A Community-based Approach to Improve Care for Women & Newborns Affected by Perinatal SUD - <https://escholarship.umassmed.edu/ner/56/>
- Just Talk About It: Using Mental Health Education to Prevent and Treat SUD - <https://escholarship.umassmed.edu/ner/57/>
- How to Save a Life – Naloxone 101 - <https://escholarship.umassmed.edu/ner/58/>
- Using Recovery Coaches in SUD Treatment - <https://escholarship.umassmed.edu/ner/60/>
- Understanding Grief After an Overdose Death - <https://escholarship.umassmed.edu/ner/61/>
- Drug Courts: A Bridge to Recovery - <https://escholarship.umassmed.edu/ner/62/>
- How the Trauma-Informed Approach Can Help Treat Substance Use Disorder - <https://escholarship.umassmed.edu/ner/69/>
- Family Focused Addiction Support Training (FFAST) - <https://escholarship.umassmed.edu/ner/73>
- Understanding the Opioid Crisis, Where Do I Begin - <https://nnlm.gov/classes/understanding-opioid-crisis>
- A Myth-Shattering Look at Addiction Prevention and Treatment, Based on Research, by Author David Sheff <https://escholarship.umassmed.edu/ner/74>
- Engaging Parents and Caregivers in Substance Use Disorder Prevention and Recovery, by Fred Muench, President of the Partnership for Drug-Free Kids and Center on Addiction <https://escholarship.umassmed.edu/ner/79>
- Substance Use Disorder and Heredity: It's a Family Disease – Candid interview clips from a Recovery High School student, her father, and her grandmother as they share their stories of how substance use disorder has affected their family. <https://escholarship.umassmed.edu/ner/81>

Presentations about the Brain Science of Addiction

- <https://ruthpotee.com/presentations> - Dr. Ruth Potee is a family practice and addiction physician from Greenfield, MA. Dr. Potee gives thoughtful, well-researched talks on addiction, substance use, and the development of the teenage brain to audiences of parents, students, medical professionals, teachers, school counselors, emergency medical workers, courthouse staff, law enforcement, correctional officers, and the general public

NLM Addiction Resources and Tools

- [Environmental Health & Toxicology: Opioids and Substance Use](https://envirotoxininfo.nlm.nih.gov/opiate-addiction-and-human-health.html) - <https://envirotoxininfo.nlm.nih.gov/opiate-addiction-and-human-health.html>
- [NNLM](https://nnlm.gov/gmr/guides/health-resources-public-libraries/opioid-resources) - <https://nnlm.gov/gmr/guides/health-resources-public-libraries/opioid-resources>

- [MedlinePlus](https://medlineplus.gov)- <https://medlineplus.gov>
- [Drug Information Portal](https://druginfo.nlm.nih.gov/drugportal/)- <https://druginfo.nlm.nih.gov/drugportal/>
- [Pillbox](https://pillbox.nlm.nih.gov/index.html)- <https://pillbox.nlm.nih.gov/index.html>
- [Engage for Health: A Health Program in a Box](https://nmlm.gov/mar/guides/programming-class/engageforhealth) focuses on teaching participants strategies for improving communication with their health care providers and researching health issues using quality online health resources.
<https://nmlm.gov/mar/guides/programming-class/engageforhealth>

MedlinePlus Opioid and Addiction <https://medlineplus.gov/opioidabuseandaddiction.html>

- In Spanish *Abuso y adicción de opioides* <https://medlineplus.gov/spanish/opioidabuseandaddiction.html>

Public Libraries Responding to Opioid Crisis - <https://www.webjunction.org/explore-topics/opioid-crisis.html>

Through a grant from the Institute of Museum and Library Services, OCLC and the Public Library Association have conducted research into how public libraries are supporting their communities through the opioid crisis, and how libraries are partnering with organizations to meet local needs. The research has resulted in a summary report and eight research-based case studies highlighting varying opioid response efforts across the US. A call-to-action white paper will also be published as part of the project outputs.

SUD Health Resources for Public Libraries - <https://nmlm.gov/gmr/guides/health-resources-public-libraries/opioid-resources>

Drug Info

- [FDA](https://www.fda.gov/drugs/information-drug-class/opioid-medications)- <https://www.fda.gov/drugs/information-drug-class/opioid-medications>
- [CDC](https://www.cdc.gov/drugoverdose/prescribing/patients.html)- <https://www.cdc.gov/drugoverdose/prescribing/patients.html>
- [Get Smart about Drugs](https://www.getsmartaboutdrugs.gov/drugs)- <https://www.getsmartaboutdrugs.gov/drugs>
- [NIDA](https://www.drugabuse.gov/) (National Institute on Drug Abuse)- <https://www.drugabuse.gov/>
- [Get Naloxone Now](http://www.getnaloxonenow.org/)- <http://www.getnaloxonenow.org/>
- [SAMHSA](https://www.samhsa.gov/) (The Substance Abuse and Mental Health Services Administration)- <https://www.samhsa.gov/>
- [The National Survey on Drug Use and Health \(NSDUH\)](https://www.nsduh.org/) Released Aug. 20, 2019 provides up-to-date information on tobacco, alcohol, and drug use, mental health and other health-related issues in the United States
- <https://nsduhweb.rti.org/respweb/homepage.cfm> Download and Order Two Newest Consumer Publications: [Women and Pain Medicines](https://www.fda.gov/consumers/consumer-information-audience/women) and [Caring for Other's Resources to Help You](https://www.fda.gov/consumers/consumer-information-audience/women) <https://www.fda.gov/consumers/consumer-information-audience/women>

Statistics

- [CDC](https://www.cdc.gov/drugoverdose/epidemic/index.html)- <https://www.cdc.gov/drugoverdose/epidemic/index.html>
- [Data Overview: Overview of an Epidemic](#)
- [NIDA](https://www.drugabuse.gov/drugs-abuse/opioids/opioid-summaries-by-state)- Opioid Summaries by State- <https://www.drugabuse.gov/drugs-abuse/opioids/opioid-summaries-by-state>
- [The Appalachian Overdose Mapping Tool](https://overdosemappingtool.norc.org/)- <https://overdosemappingtool.norc.org/>

Videos

- [Why do people get addicted to drugs and alcohol 2 min.](https://www.youtube.com/watch?v=F6UMf1jh79w) <https://www.youtube.com/watch?v=F6UMf1jh79w>
- [How Addiction Hijacks the Brain 50 sec.](https://www.youtube.com/watch?v=gtBT7J_UC24) https://www.youtube.com/watch?v=gtBT7J_UC24
- [NNLM Substance Misuse YouTube Playlist](https://nmlm.gov/Zkc) <https://nmlm.gov/Zkc>

Guides/Tools

- FDA- [What to Ask Your Doctor Before Taking Opioids](#) (also in Spanish)

<https://www.fda.gov/ForConsumers/ConsumerUpdates/ucm529517.htm>

- Overdose Prevention Toolkit SAMHSA – Opioid Use Disorder Facts, 5 Essential Steps for First Responders, Information for Prescribers, Safety Advice for Patients & Family Members, Recovering from Opioid Overdose
<https://store.samhsa.gov/system/files/sma18-4742.pdf>
- [SAMHSA Get Connected Toolkit: Linking Older Adults with Medication, Alcohol, and Mental Health Resources \(2017\)](#)
<https://store.samhsa.gov/product/Linking-Older-Adults-With-Medication-Alcohol-and-Mental-Health-Resources/sma03-3824>
- [AHRQ Academy- Opioids & Substance Abuse-](#)
<https://integrationacademy.ahrq.gov/about/opioids-substance-use>
- CDC- [Commonly Used Opioid Terms](#)
- NIDAMED: Medical and Health Professionals- [Access to CME/CE courses](#) on topics related to opioid and substance use disorders and addiction. <https://www.drugabuse.gov/nidamed-medical-health-professionals/cmece-activities#adolescent>
Clinician tool for screening for substance abuse <https://www.drugabuse.gov/nidamed-medical-health-professionals/science-to-medicine/screening-substance-use>
- **Opioid Resources from the CDC** https://www.cdc.gov/drugoverdose/states/state_prevention.html
- **Disaster Lit®** search of [opioid guidelines, reports, factsheets, etc.](#), including:
Fentanyl Safety Recommendations for First Responders <https://disasterlit.nlm.nih.gov/record/16121>
How HIPAA Allows Doctors to Respond to the Opioid Crisis <https://disasterlit.nlm.nih.gov/record/16093>
Preventing Opioid Misuse in the States and Territories: A Public Health Framework for Cross-Sector Leadership
<https://disasterlit.nlm.nih.gov/record/15995>

National Institute of Drug Abuse (NIDA) – Opioid drug facts, opioid summaries by state, NIDA-funded opioid research, opioid policy briefs, the NIH HEAL initiative (Helping to End Drug Addiction Long-term), NIDA opioids Research reports, videos and more. <https://www.drugabuse.gov/drugs-abuse/opioids>

PHPartners Information Access for the Public Health Workforce

<https://phpartners.org/>

PHP Partners aggregates public health news, some of it involving substance use disorder from a public health point of view, <http://www.pewtrusts.org/en/multimedia/audio/2017/treating-the-opioid-epidemic>.

Trauma Informed Care SAMHSA

- Trauma-informed Care in Behavioral Health Services Tip 57
https://www.samhsa.gov/samhsaNewsLetter/Volume_22_Number_2/trauma_tip/
- [Guiding Principles of Trauma-Informed Care](#)
- [Key Terms: Definitions](#)
- [Trauma TIP](#)
- [Trauma & Justice Strategic Initiative](#)
- [SAMHSA's Definition of Trauma and Trauma-Informed Care](#)
- [Helping Victims of Childhood Trauma Heal and Recover](#)
- [Millions of Americans are Affected by Post-Traumatic Stress Disorder](#)
- [Building Resilience in Young Children Dealing with Trauma](#)
- [Adverse Childhood Experiences: Risk Factors for Substance Abuse and Mental Health](#)

Trauma Informed Care in the Library

http://www.ala.org/pla/sites/ala.org.pla/files/content/tools/Public-Library-Social-Work_Overview-of-Trauma-Informed-Care_FINAL.pdf

Trauma Informed Care in the Classroom

<https://traumaawareschools.org/>

Trauma Informed Care in the Office or Workplace

<http://bit.ly/2Lhrh1L>

Partnership for Drug-Free Kids

- <https://drugfree.org/>
- Heroin, Fentanyl & Other Opioids – A Comprehensive Resource for Families with a Teen or Young Adult Struggling with Opioid Use - <https://bit.ly/2vb6Onm>

Opioid Epidemic Resource Guides – Association of Academic Health Sciences Libraries (AAHSL)

Library- created, web-based resource guides that are information portals. Guides feature policies and guidelines for prescribing opioids and managing pain, federal and state government reports on opioid abuse, opioid drug information, patient information, research, continuing education, useful apps, and resources from the National Library of Medicine.

- Rutgers University - <https://libguides.rutgers.edu/opioids>
- University of North Carolina at Chapel Hill - <http://guides.lib.unc.edu/opioidaddiction>
- University of Pittsburgh - http://hsls.libguides.com/opioid_abuse_resources

Rural Health Information Hub - <https://www.ruralhealthinfo.org/topics/opioids>

Opioid Epidemic Practical Toolkit: Helping Faith and Community Leaders

<https://www.hhs.gov/about/agencies/iea/partnerships/opioid-toolkit/index.html>

Managing Pain, Moving Beyond Opioids

<https://newsinhealth.nih.gov/sites/nihNIH/files/2018/October/NIHNiHOct2018.pdf>

Presentations and Information for Educators

- National Institute on Drug Abuse Guide to Preventing Substance Abuse to be used by Early Childhood Educators
https://d14rmgtrwzf5a.cloudfront.net/sites/default/files/early_childhood_prevention_march_2016.pdf
- National Institute on Drug Abuse, Why is Adolescence a Critical Time for Preventing Drug Addiction?
<https://www.drugabuse.gov/publications/drugs-brains-behavior-science-addiction/preventing-drug-abuse-best-strategy>

Addiction Information for Teens

- MedlinePlus for Teens - <https://medlineplus.gov/teenhealth.html>
- Official website of Above the Influence. This site and many of the Above the Influence ads that you see were originally created as a part of the National Youth Anti-Drug Media Campaign, a program of the Office of National Drug Control Policy. Above the Influence has since transitioned away from federal oversight (as of March 2014),

and is now a program of the non-profit [Partnership for Drug-Free Kids](#).

- The campaign was and continues to be inspired by what teens have told us about their lives, and how they deal with the influences that shape their decisions. <http://abovetheinfluence.com/about/>
- Created by National Institute on Alcohol Abuse and Alcoholism. A young teens place for information alcohol and resisting peer pressure. <https://www.thecoolspot.gov/>
- Exhibition from The National Library of Medicine that explores the history of intoxicating pleasures and medical prescriptions <https://www.nlm.nih.gov/exhibition/pickyourpoison/>
- National Institute on Drug Abuse, Principals of Drug Addiction Treatment – Resource for where family members can go for information on treatment options <https://www.drugabuse.gov/publications/principles-drug-addiction-treatment-research-based-guide-third-edition/frequently-asked-questions/where-can-family-members-go-information>

More Teen Resources

- [NIDA for Teens](#)
- [NIDA for Teachers](#)
- [NIDA for Parents](#)
- [Drugs + Your Body Interactive](#)
- [Drugs + Your Body Lesson Plan Description](#)
- [NIDA for Teens: Drug Facts](#)
- [National Drug & Alcohol IQ Challenge](#)- Jeopardy Game Template-
- [CSI: Forensic Web](#) Adventures and [Educators Guide](#)
- [National Drug and Alcohol Facts Week®](#)
- [NDAFW Info Sheet](#) (PDF)
- [To order NIDA drug publications](https://drugpubs.drugabuse.gov/audience/students)- <https://drugpubs.drugabuse.gov/audience/students>

Presentations for Teens and Adults

- Video: Addiction and the Brain for Kids – explains the brain science of addiction (4 minutes), comes with fact sheet <http://bit.ly/2XBaKY5>
- National Institute on Drug Abuse Presentation, The Science of Addiction https://d14rmgtrwzf5a.cloudfront.net/sites/default/files/soa_2014.pdf
- National Institute on Drug Abuse (NIDA) Leading the Search for Scientific Solutions, <http://bit.ly/2SFu1FN>

True Impacts of Opioids for Home and Classroom - Operation Prevention

The DEA and Discovery Education have joined forces to combat a growing epidemic of prescription opioid misuse and heroin use nationwide. Operation Prevention's mission is to educate students about the true impacts of opioids and kick-start lifesaving conversations in the home and classroom.

<https://www.operationprevention.com/>

Helpful Vaping Resources

- Resources for Parents - <https://drugfree.org/newsroom/news-item/partnership-for-drug-free-kids-launches-vaping-resource-for-parents/>
- Centers for Disease Control and Prevention (CDC): https://www.cdc.gov/tobacco/basic_information/e-cigarettes/index.htm
- Stanford's *Tobacco Prevention Toolkit*: <https://med.stanford.edu/tobaccopreventiontoolkit/E-Cigs.html>
- Truth Initiative's *quitting resources*: <https://truthinitiative.org/thisisquitting>

- Partnership for Drug-Free Kids' guide – *Vaping: What You Need to Know And How to Talk With Your Kids About Vaping*: <https://drugfree.org/parent-blog/how-to-talk-with-your-kids-about-vaping-guide/>
- Center on Addiction's *Expert Views on E-Cigarettes*: <https://www.centeronaddiction.org/e-cigarettes>
- Massachusetts Dept of Public Health – Smoking cessation prevention and recovery program parents, and students. This information is also in Spanish <http://makesmokinghistory.org/dangers-of-vaping/>

Miscellaneous Resources

- **Engage for Health: A Health Program in a Box** focuses on teaching participants strategies for improving communication with their health care providers and researching health issues using quality online health resources. <https://nmlm.gov/mar/guides/programming-class/engageforhealth>
- **OCLC Project: Public Libraries Responding to the Opioid Crisis with Their Communities** <https://www.webjunction.org/explore-topics/opioid-crisis.html>
- **NARCAN® Nasal Spray Public Libraries Program** <https://www.narcan.com/community/education-awareness-and-training-resources/> (October 24, 2018)
- **Journal of Opioid Management** - <http://opioidmanagement.com> peer-reviewed medical journal dealing exclusively with opioids. It covers all aspects of opioids from basic science through clinical use, abuse, addiction and the public health. It is in the 15th year of publication. They are “deeply involved educating healthcare professionals on the proper use of opioids.” [www.opioidmanagement.com](http://opioidmanagement.com)
- **2019 International Conference on Opioids** (ICOO2019) 8th annual conference held in Boston at the JP Martin Conference Center at Harvard Medical School. It is a two-and-a-half-day intensive program bring forth the latest experts in the field of opioids to educate doctors and other healthcare professionals on the latest research and clinical practice on opioids. Also covered is abuse, addiction, public health, etc. www.opioidconference.org
- **How Is Drug Addiction Treated?**
NIH Health Information <https://www.drugabuse.gov/publications/drugfacts/treatment-approaches-drug-addiction>
Thursday, November 29, 2018
- **Facing Addiction in America:** the Surgeon General's Spotlight on Opioids, September 2018 https://addiction.surgeongeneral.gov/sites/default/files/Spotlight-on-Opioids_09192018.pdf
- **5 Reasons to Read the Surgeon General's Opioid Epidemic Report**, AMA Wire, Sept. 27, 2018; <https://wire.ama-assn.org/delivering-care/5-reasons-read-surgeon-general-s-opioid-epidemic-report>
- **Did You Know?** is a weekly feature from the **Center for State, Tribal, Local, and Territorial Support** to inform your prevention activities. We invite you to read, share, and take action! <https://www.cdc.gov/publichealthgateway/didyouknow/?deliveryName=DM7666>
- **AMA Health Workforce Mapper**- interactive tool that illustrates the geographic distribution of the health care workforce <https://www.ama-assn.org/about/research/health-workforce-mapper>
- **Opioid-Related Inpatient Stays and Emergency Department Visits Among Patients Aged 65 Years and Older, 2010 and 2015**
https://www.hcup-us.ahrq.gov/reports/statbriefs/sb244-Opioid-Inpatient-Stays-ED-Visits-Older-Adults.jsp?utm_source=ahrq&utm_medium=en-1&utm_term=AHROStats&utm_content=1&utm_campaign=AHRO_EN12_11_2018

